Isolated Non-compaction of Ventricular Myocardium: A Report of Three Cases

K L Tong,*MBBS, MRCP (UK), Z P Ding,**FAMS, MBBS, M Med (Int Med)

Abstract

Introduction: Isolated non-compaction of ventricular myocardium (INVM) is a rare disorder of myocardial morphogenesis in the absence of other cardiac anomalies. Both sporadic and sex-linked recessive forms have been described. It can be identified with two-dimensional echocardiography. Clinical Picture: We report a series of 3 cases of adult males with INVM in June 2000. Clinical manifestations were congestive cardiac failure with severely depressed left ventricle systolic function and stroke. One patient had biventricular INVM. Conclusion: Early diagnosis of INVM is important as it is associated with a high incidence of cardiac failure, ventricular arrhythmia and remobilisation. Anticoagulation and screening of first-degree relatives is advisable.

Key words: Anticoagulation, Non-compaction, Screening, Sex-linked recessive

* Department of Cardiology
  Associate Consultant
  Changi General Hospital

** Senior Consultant and Director, Echocardiographic Services
  Department of Cardiology
  National Heart Centre

Address for Reprints: Dr Tong Khim Leng, Department of Cardiology, Changi General Hospital, 2 Simei Street 3, Singapore 529889.
E-mail: khimleng@mailcityasia.com