Bullous Dermatomyositis Associated with Nasopharyngeal Carcinoma
—A Case Report

P Ang,* MBBS, MRCP (UK), M W Sugeng,** MBBS, S H Chua,*** FAMS, MBBS, MRCP (UK)

Abstract

Cutaneous manifestations of dermatomyositis commonly include Gottron's papules, heliotrope rash, photosensitivity, poikiloderma and nailfold telangiectasia. Vesicles and bulla are rare. We report a patient with dermatomyositis who presented with blisters and oral ulcers. It is important to recognise this bullous variant in order to avoid a delay in diagnosis. Bullous dermatomyositis may also portend a poorer prognosis. Our patient was subsequently diagnosed to have undifferentiated nasopharyngeal carcinoma.


Key words: Bullous, Dermatomyositis, Malignancy, Nasopharyngeal carcinoma

* Registrar
** Visiting Fellow
*** Senior Registrar

National Skin Centre, Singapore

Address for Reprints: Dr Ang Por, National Skin Centre, 1 Mandalay Road, Singapore 308205. E-mail: yangch@singnet.com.sg