

Lichen Amyloidosis: A Bullous Variant

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Abstract

Introduction: Lichen amyloidosis is a common skin disease seen among Asian patients. **Clinical Picture:** Typical features range from macular hyperpigmentation to pruritic, lichenified, hyperpigmented papules. However, in this rare bullous variant of lichen amyloidosis, bullae and vesicles are present. **Histopathologically,** deposits of amyloid were seen in the papillary dermis, associated with an intraepidermal or subepidermal blister. **Treatment and Outcome:** No good treatment so far, but pruritus can be relieved by topical steroid. **Conclusion:** It is important to screen for systemic amyloidosis with the relevant investigations as it can present similarly with blistering eruptions, in which the prognosis would be grave.

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Key words: Asians, Blisters, Lichen amyloidosis, No systemic involvement

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