

## Double Omental Hernia—Case Report on a Very Rare Cause of Intestinal Obstruction

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### Abstract

**Introduction:** We report a case of transomental herniation of the ileum through a defect in the gastrocolic ligament with re-emergence through a defect in the gastrohepatic ligament. This type of herniation is extremely rare and a review of the literature is presented. **Clinical Presentation:** A 41-year-old Chinese male presented with signs and symptoms of intestinal obstruction. **Treatment:** An urgent laparotomy was undertaken and he was found to have a rare form of intra-abdominal hernia. The hernia was reduced and the defects were closed. **Outcome:** Postoperative recovery was unremarkable. **Conclusion:** Urgent operation should not be delayed because of the high mortality associated with strangulation

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**Key words:** Bowel obstruction, Internal hernia, Transomental hernia

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