Human Immunodeficiency Virus Infection Presenting with Chronic Actinic Dermatitis: A Case Report

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Abstract

Introduction: We describe a case illustrating a rare but increasingly recognised association of chronic actinic dermatitis (CAD) with human imunodeficiency virus (HIV) infection. <u>Clinical Picture</u>: A 40-year-old Chinese man of skin type III presented with a photodistributed rash of 3 years' duration. Histology, phototesting and subsequent clinical course were consistent with CAD. HIV serology was positive. CD4 count was 26 cells/µL, with absence of acquired immunodeficiency syndrome (AIDS)-defining illnesses. <u>Treatment</u>: Topical steroids, sunprotection and trimethoprim-sulphamethoxazole prophylaxis were prescribed. <u>Outcome</u>: Improvement was documented over the arms, but the facial plaques persisted. <u>Conclusion</u>: CAD may be a presenting feature of advanced HIV infection.

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Key words: AIDS, Photodistribution, Photosensitivity

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